





# HOW TO USE A MINOR INJURY UNIT

Where necessary you will be given an attendance time

This helps us avoid people gathering in the unit whilst they await treatment





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Ask for publication CGD 210205

## How to use a Minor Injury Unit



Please call NHS 111.



Your injury will be assessed.



Where necessary, an attendance time will be made for you.



Attend your attendance time at the Minor Injury Unit.

#### Where necessary you will be given an attendance time.

To enable us to treat patients with minor injuries safely and efficiently you must agree a time to attend your local minor injuries unit with the on call accessing clinician prior to your visit.

This will reduce the footfall and crowding in our departments, which will improve the safety of staff and attendees, allowing us to safely practice physical distancing in line with COVID-19 guidelines.

Please call **NHS 111** to discuss your injury and the best course of action. **NHS 111** is available 24 hours a day, 7 days a week.

Once assessed by telephone, where necessary, an attendance time\* will be made for you at the most appropriate Minor Injury Unit.

## The types of injury treated at a Minor Injury Unit include: cuts, small burns, sprains and suspected broken bones.

If your injury is less severe please consider the other care options available. These include: accessing advice/medicine from your local chemist/pharmacy/optician or making an appointment with your GP.

For more information on the care options available visit:

### WWW.KNOW-WHO-TO-TURN-TO.COM

\* Please be advised that we will endeavour to see you as close to your attendance time as possible, however, depending on the level of clinical activity you may experience a delay. Attendance time is your time of appointment in the Minor Injury Unit.

#### **Minor Injury Units are located at:**

## **Aberdeen Royal Infirmary** (A&E Department)

Foresterhill, Aberdeen AB25 2ZN

## Dr Gray's Hospital (A&E Department)

Pluscarden Road, Elgin IV30 1SN

#### **Fraserburgh Hospital**

Lochpots Road, Fraserburgh AB43 9NH

#### **Jubilee Hospital**

Bleachfield Street, Huntly AB54 8EX

## Peterhead Community Hospital

Links Terrace, Peterhead AB42 2XB

People seeking access to urgent care across Scotland are now required to either call **111** or if within working hours contact their local GP surgery.

In an emergency you should still call 999 or go to your nearest A&E Department.